

# EAT *spray* LOVE

SADLY FOR JENNIFER GEORGE, SHE HASN'T EATEN HER WAY AROUND EACH OF 2019'S MUST-DO DESTINATIONS. BUT SHE HAS FOUND A SCENT TO MATCH EACH HOT SPOT TO TRANSPORT YOU BACK THERE, LONG AFTER YOUR SUMMER HOLIDAYS ARE OVER

PHOTOGRAPH *by* HONEY LONG & PRUE STENT



## AUSTRALIA *for west coast wine*

*OK, so you might be likely to bump into a Neighbours cast member in Melbourne, or meet a dreadlocked backpacker of your teenage dreams on the Gold Coast, but the often-forgotten western Australia has loads of grape-filled, wine-producing vineyards. The eucalyptus-flanked sunsets and clean-aired walks are lovely but, WINE! Wins every time.*

*What to spray* Diptyque Eau de Minthé (£120 for 75ml EDP), which is fresher than a tumbler full of Sauv Blanc on ice and just as tasty. Makes you feel all outdoorsy and wholesome: very Aussie.

*Where to stay* Opening in June, The Ritz-Carlton Perth is set to be the snazziest addition to a city crammed with cool and contemporary hotels. [ritzcarlton.com/en/hotels/australia/perth](http://ritzcarlton.com/en/hotels/australia/perth)



## ITALY *for the must-visit Matera*

*Everyone knows Matera is the new Lisbon (full disclosure: we only just found out, too). As yet unspoilt by Brits abroad, the Italian town is chiselled into the rocky mountainside, resulting in thousands of caves and subterranean dwellings to explore; all very musty and mossy. It's a hilly day of walking, so you'll earn that bowl of pasta. Or two.*

*What to spray* You could go for a lemon-heavy number, but that would be obvious. A bit 'uno limoncello per favore'. Chanel's newest Les Exclusifs addition, 1957 (£155 for 75ml EDP), is musky and sexy, with neroli and bergamot adding a spike of citrus.

*Where to stay* Sextantio Le Grotte Della Civita. As charming as the town itself, it has 18 fairy-tale, cave-like rooms, with Philippe Starck bath tubs. *Doubles from* £130, B&B; [legrottedellacivita.sextantio.it/en](http://legrottedellacivita.sextantio.it/en)



**ST BARTHS** *for the smart set*  
 You know a place is snazzy when the easiest travel option is a private jet. (There are charters or ferries for us mere mortals.) Spend days at Nikki Beach clutching a coconut with toes deep in unspoilt sand, and balmy evenings celeb-spotting – Bella Hadid, Chrissy Teigen... Oh my god, IS THAT BEYONCÉ!? *What to spray* Guerlain Aqua Allegoria Coconut Fizz (£59 for 75ml EDT) will carry you to your dream scenario: on a lounge with a piña colada, rather than your current spot on your sofa, sniffing what may or may not be an old camembert in the fridge. *Where to stay* The famous Eden Rock reopens in late 2019 – be one of the first to book. [oetkercollection.com/hotels/eden-rock-st-barths](http://oetkercollection.com/hotels/eden-rock-st-barths)



**SRI LANKA**  
*for tea-based travel*

Forget Goa, tropical Sri Lanka is the hottest place to gather friends right now. Start in the tea-plantation hub of Ella, where the smoky scent mingles with frangipani flowers in the mountainous air, then travel (via the elephant parks, for the 'gram) to the sandy beaches of Mirissa. If you don't like spice-filled curries, don't bother coming. *What to spray* Exotic flowers and an accord of 'tropical rain' make Marc Jacobs Splash Rain (£38.99 for 100ml EDT) a no-brainer. If that's not enough, a hefty misting of insect repellent is very eau de Sri Lanka. *Where to stay* The River House, Balapitiya. With just five suites, this lovely boutique hotel sits in tropical gardens on the banks of the Maduganga river. *Doubles from* £98, B&B; [the-river-house-balapitiya-sri-lanka.en.www.lk](http://the-river-house-balapitiya-sri-lanka.en.www.lk)

"FRESHER THAN SAUV  
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**TURKEY** *for Bodrum, the new Ibiza*

You can't touch a light switch in Magaluf without needing a full health screening, and you've done Ibiza to death (or is it the other way around?). The new place to party is Bodrum, with pine-fringed beaches and hibiscus-tinged cocktails. Hangovers can be cured by lazy boat trips and with blood-sugar-reviving Turkish delight. *What to spray* If the hint of sea-spray and deeply warm floral base in Hermes Un Jardin sur la Lagune (£89 for 100ml EDT) don't instantly take you to seaside sunset cocktails, we don't know what will. Apart from a last-minute flight, if that's an option. *Where to stay* The Bodrum Edition. The latest in a flurry of hotels opening in Bodrum, It wows with 102 rooms, suites with private pools, and food from former El Bulli chef Diego Muñoz. *Doubles from* £300, B&B; [editionhotels.com/bodrum](http://editionhotels.com/bodrum)



Still life: Lucky If Sharp.



**CAMBODIA**

*where floral flavours fill the air*

Less body paint and bucket-full-of-god-knows-what than Thailand, here you can live your best Indiana Jones life by taking a bamboo train through lush jungle before exploring crumbling temples and snacking on skewered snake. Or just kick back in your beach hut with a cocktail crammed with fresh limes (and zero hallucinogenics). *What to spray* There are countless fragrances with jasmine, which grows in Cambodia, but Tom Ford Jasmine Musk (£162 for 50ml EDP) gives it a gilded pedestal. Notes of musk remove sweetness and add a warmer edge. *Where to stay* Song Saa Private Island is a pioneer of sustainable tourism, the creator of Cambodia's first marine reserve and home to a spa that spans the entire island. [songsaa.com](http://songsaa.com)

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**JAPAN**

*for sushi, ski and sunscapes*

This country – incredibly ancient and madly modern in equal servings – really does have it all. City-based craziness in Tokyo, powder-filled ski resorts, the Rugby World Cup, and lesser-known beautiful beaches such as the tiny Taketomi Island, which is a solid 10/10 for show-off traveller kudos. Don't like raw fish? No problem. There are enough KitKat flavours (matcha, soy sauce, edamame...) to make up all of your food groups. *What to spray* Issey Miyake L'Eau D'Issey Shade of Sunrise (£44 for 90ml EDT) is all at once floral, fresh and vibrant. Inspired by the dawn sky over a Japanese island, it'll give you warm 'kawaii' vibes when you can't witness the real deal. *Where to stay* Hiiragiya, Kyoto. A beautifully maintained traditional ryokan with 28 rooms, steeped in history (it was established in 1818). *Doubles from* £233, half board; [hiiragiya.co.jp/en](http://hiiragiya.co.jp/en)



**CUBA** *for Havana ooh-na-na*

Just because the Kardashians went there, it doesn't mean it's over. But hotfoot it to Havana pronto, before it becomes one big selfie-posing hub. You'll arrive in awe of its colour and sounds, leave with lungs full of cigar smoke and blurry memories of rum-fuelled antics with a snake-hipped dance instructor... *What to spray* Prada Candy Night (£70.50 for 50ml EDP) mixes smoky tonka and bitter orange for the ultimate after-hours fragrance. It should make you feel all sexy salsa señorita, even if your situation is more lock-in at the local. *Where to stay* La Maison (Habana Vieja). In Old Havana, this private house has three bedrooms to rent, with two bathrooms. *Doubles from* around £255, B&B; [cubaprivatetravel.com](http://cubaprivatetravel.com)

